

Flag Day



SPRING HILL * CITYVIEW TIMES

COMMUNITY NEWSLETTER

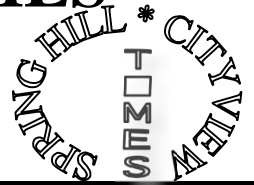
Mother's Day



Memorial Day



Father's Day



Vol. 5 No. 46

May-June 2006

In order to see the rainbow, you must first endure some rain... Author Unknown

Spring Hill Civic League Mission Statement

With the continuing goal of community strength & enrichment, and encouraging the participation of all community residents & business leaders, the Spring Hill Civic League accepts as its defining mission the responsibility to serve its neighborhood by assisting in the achievement of its many common goals

Board of Directors

President: Donna Allison
Vice President: Dianne Burns
Secretary: Diane Schmitt
Treasurer: Ben Soltesz

Directors

Stephen Brady

Newsletter Articles

Please submit articles for the July/August edition by June 15th to:

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2115 Rockledge St.
Pittsburgh, PA 15212
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Mail Delivery

For a yearly subscription, send \$6.00 to:
Spring Hill/Cityview Times at
c/o 1214 Yetta Ave.
Pittsburgh, PA 15212-3757

You can read the newsletter online by going to www.shcl.org

SPRING HILL 2006

NEIGHBORHOOD VOLUNTEER...

Every year, North Side neighborhood groups select individuals who have made a significant contribution to their neighborhoods and honor them at the Northside Leadership Conference Annual Awards Dinner. The dinner will be held on Friday, June 9th at the Holy Trinity Greek Orthodox Church on West North Avenue.

The Spring Hill Civic League 2006 Neighbor of the Year Award is being presented to Marlene Stecklein. Marlene's commitment to volunteering is the essence of giving to others in need, and for Marlene that means people and animals.

As a child, Marlene remembers her first volunteer experience. Every Friday after school, she would go to the store for a neighbor and in return, the woman would give Marlene an orange. Not meaning much to a child then, an orange now brings back memories of offering her time for someone in need.

For the past ten years, Marlene has volunteered to assist with the Holy Wisdom Food Pantry, the last five years as manager. The Food Pantry's success depends on continuous shopping for the best prices on items that are distributed each month. Funding is solely through donations which must be spread thin to make the pantry a success for individuals and families in need.

Continued on page 2

MEMORIAL DAY EVENTS

Saturday, May 27th volunteers will place flags on the veterans' graves at St. John's cemetery at 10 AM. If you can help for an hour with this task, please call Diane Schmitt at 231-7948.

Sunday, May 28th, a church service to honor all veterans will be held at the St. Aloysius Church on Mt. Troy Rd. Join us at 1 PM to remember our vets.

On Monday, May 29th, Spring Hill will hold its annual Memorial Day Commemoration at Brady's Memorial Home on Southside Ave. at 12:00PM. Refreshments will be available for all to enjoy. Join us as we honor our vets & service people currently serving overseas.

UPCOMING EVENTS FOR 2006

General Meetings are scheduled at the Spring Hill Elementary School auditorium at 7 PM on the following dates:

Monday, May 1
Monday, September 11
Monday, October 6
Monday, November 3

Flowergarden Planting & Community Litter Pick-Up: Saturday, May 6th; Homer St. Firehouse at 9 AM

Memorial Day Commemoration: Monday, May 29th, 12 Noon, Brady's Memorial Home

Halloween Parade: Saturday, October 14th, 11:30 - 1P, Rockledge St. lot

Christmas Tree Lighting: Sunday, December 3rd, 7PM, Rockledge St. lot



SPRING HILL 2006 NEIGHBORHOOD VOLUNTEER...

(con't from pg 1)

As manager, Marlene spends many hours every month shopping and sorting groceries in preparation of distribution day when eight women meet and assist individuals and families with their food pantry shopping needs.

Marlene and her dog Missy enjoy living in their home on Spring Hill. But once a week, again for the past ten years, Marlene and a friend volunteer at Animal Friends, visiting and walking the dogs. Marlene is making a difference in the lives of neglected, abused, and unwanted animals.

In addition to her volunteer roles, Marlene is consistently seen at community events, sometimes in the crowd, sometimes cooking the hot dogs, but always with a friendly smile and conversation.

Marlene Stecklein is commended by the Spring Hill Civic League for her volunteer activities, for being a positive role model for others, and for being a good neighbor. She is representative of many other fine volunteers in the community.

Please join the Spring Hill Civic League in honoring Marlene Stecklein and other North Side community leaders on June 9th. For ticket information, please call 412-231-8626 or email shclpres@comcast.net.

Donna Allison,
President

Riverview Park Happenings

The Riverview Park Alliance will hold its annual fund-raiser, 'Walk-for-Riverview', on May 20. This is a walk-a-thon in which you collect pledges for how far you walk and turn them in the day of the walk. There are prizes for the most money turned in. An information packet can be obtained by contacting Riverview Park Alliance at 412-321-3626 or rpainc@juno.com.

Due to its overwhelming popularity, the Kids Nature Club will be held once again this year. It will begin at the end of June and run thru July. You can get more information by contacting us at 412-321-3626 or rpainc@juno.com.

Don't delay! Spaces fill quickly!

Spend an evening with the Temptations and the Pittsburgh Symphony Orchestra to help support the ministry of "His Place"

Join us for the The Third Annual Community Partners Concert featuring the Pittsburgh Symphony Orchestra and the Temptations on Thursday, June 15 at 8:00 PM at Heinz Hall. Tickets start at \$21.50.

All proceeds will benefit Pittsburgh's non-profit organizations. You can earmark your ticket price to go straight to "His Place", a neighborhood ministry benefiting Spring Hill youth!

For ticket ordering information, go to our website:

www.hisplacecc.org

or call: _____

A Helping Hand for Home Owners/Buyers

The URA has great news for people who would like to purchase a home in the City of Pittsburgh! The URA has issued a \$9 million dollar bond to fund two programs; the Pittsburgh Home Ownership Program (PHOP), a mortgage program, and the Housing Recovery Program (HRP), a mortgage/refinance and rehabilitation program. We have great low rates of 5.25% for PHOP and 6% for HRP, with a 30-year term. In addition, we offer a \$3,000 Down Payment/Closing Cost Assistance Grant for income eligible borrowers. With incentives like these, we anticipate the money to go quickly.

The PHOP program is geared to first time homeowners or those who have not owned a home in the past 3 years. This requirement is waived in certain areas of the city. The HRP program is great for homes that are at least 20 years old and in need of substantial repair. With HRP you can purchase & repair the home and combine the costs into one low monthly payment. Income limits do apply.

To take advantage of these great low rates and to see if you qualify, visit us on the web at www.ura.org or call us at 412-255-6666. You may also e-mail URA's Sharon Taylor regarding PHOP at staylor@ura.org or Alicia Majors regarding HRP at amajors@ura.org.

WALTMIRE'S 2006 TENT SALE SAVE! SAVE! SAVE!

HUNDREDS OF ITEMS 50-75% OFF

11am-7:30pm Monday Friday
10am-4:00pm Saturday

June 19th-24th

Welcome New Neighbors

Christine Carvajal of Harbor St. welcomes Page Thomas and his parents, Gigi & Fred Thomas, both families who recently purchased homes on Harbor St. Christine writes that Page is an architect, and she adds, "we couldn't be happier that he is our next door neighbor. His parents will be my mother's next door neighbor further down on Harbor, and we will all be richer for having such lovely people in our community." *If you would like to welcome a neighbor on your street, submit the announcement to Diane Schmitt using the contact information found below.*

New neighbors, if you would like to be informed of meetings and other community information via e-mail, please contact staff writer, Diane Schmitt, at schmittdl@stargate.net. We look forward to hearing from you!

GET WELL WISHES

To Dorothy Feitl, recuperating after a recent illness.

And Belated Get Well Wishes...

To Diane Lober after a winter surgery!

Our prayers are with you for a speedy recovery!



HAPPY BIRTHDAY!

To May babies...

Michelle Lippert of Harbor St. on May 5th, Lisa Freiss of Leister St. & Bob Zarko of Bader St. on May 13th, Raymond J. Gerst Sr. who celebrates his 80th birthday on May 15th, Rian Zarko of Bader St. on May 17th, Betty Rothertr on May 19th, and William M. Gerst Jr. of Overbeck St. on May 29th



And to June babies...

Gert Karolyi of Yetta Ave. on June 1st, Kristy Lippert on June 3rd, and Wilhelmina Jacob on June 21st. Also to Dorothy Feitl, Mary Ann Lynch, and Laura Nagran!

IT'S A BOY!!

Congratulations to Jessica Nepereny and Shawn Grimm of Luella St. on the birth of their 1st child, Gary Andrew Nepereny, on Super Bowl Sunday! Gary weighed in at 5 lbs 5 ozs. He is the grandson of Mark & Charmaine Boyden of Luella St.



Congratulations Graduates!

Our heartiest congratulations to Christina Lober, Jordie Lenz, Elizabeth Steinmetz, Bryan Stillwagon, Kelly Leicher, Elizabeth Rettger, Robyn Marshall, David Scott, & Lindsay McNally upon their high school graduation. The very best of luck as you embark on post-graduation plans!

To Ken & Terry Lippert celebrating their 20th wedding anniversary on May 3rd, Lisa & Gary Freiss' celebrating their 18th anniversary is May 7th, and Dennis & Diane Schmitt celebrating their 28th anniversary on May 13th

OUR DEEPEST SYMPATHY...

To the family and friends of Sophia Barth who passed into eternity on



February 20. She was 98 years young and although she lived at Vincentian Regency for the last 2 years, she was a resident of Diana Street for well over 50 years and a member of St. Ambrose for just as many. She is survived by members of the Allen, Barth, Long, & Weber families, all of Spring Hill ...to the Hannan and Colledge families on the passing of "littlest angel" Logan Douglas, 2 months old, suddenly on Friday, March 10, 2006...to the family and friends of Clarence Gerst, a long-time Spring Hill neighbor, formerly of Overbeck St., who passed away in early March. Clarence was an outstanding historian and could reach back into the distant past to share his rich memories...to Jan Berbach, her family, and the friends of her husband, Francis (Fran) Berbach of Overbeck St., who passed into eternity in early April. Both Fran and Clarence were neighbors who faithfully tended the war memorial on the corner of Overbeck & Buente over the years; both men will be deeply missed...

Our thoughts and heart-felt prayers are with you during this time of mourning...

Happy Anniversary ...

**CHILDREN'S MUSEUM EVENTS****May/June 2006****New Exhibits**

Come to the Museum and try out these new exhibits we've created:

Car Track - Take a spin or spin out, on our new Car Track in the Garage/Workshop. You can race cars down six tracks and change pieces of each track to increase your car's speed and maneuverability.

Dollhouse - Created by a miniaturist, the Dollhouse brings unique role-playing activities to the Attic. Rooms have switches for lights and sounds for you to discover.

Buckets and Blowers - Adding to the fun you can have in Waterplay, a new feature lets you fill a bucket with water and dump it via a pulley-and-bucket system. Not as easy as it sounds! Improved blowers in the sailing area mean your boat gets a nice wind to start its journey down the River towards the lock-and-dam and the rapids.

Children Just Like Me

May 20 - September 10, 2006

Take a trip around the world to meet children just like you! Based on the award-winning book of the same title, this exhibit explores children at home on six different continents with authentic representations of their homes and surroundings, and hands-on activities that teach you about their language, food, games, music, pets, and clothing. Activities include climbing into a Tembe Indian canoe, drawing water from a well and trying out a hammock bed in an Amazon rain forest village in Brazil; performing a puppet show, making your own mask and learning Polish animal names on a farm in Poland; and playing the game of truyen, trying on a batik lamchu, and helping collect firewood in a mountain village in northern Vietnam. Each visitor gets a passport for a self-guided tour to each area - receive a stamp as you complete an activity at each one. Children Just Like Me shows kids the unique diversity of children around the world as well as the common bonds they share, a powerful lesson for children and families in today's world.

Children Just Like Me™ is a traveling exhibit organized by Cincinnati Museum Center at Union Terminal. Children Just Like Me™ is a publication of DK Publishing. ©1995. Used with permission.

From Intolerance to Understanding Exhibit

May 5 - June 9

As part of this new city-wide exhibit on prejudice and tolerance, age-appropriate photos by renowned photographer and Pittsburgher Lynn Johnson will be displayed at the Children's Museum, including images of the life and work of Fred Rogers and Mister Rogers' Neighborhood. Additional activities at the Museum for children and families include making a peace doll every Wednesday at 1:30 pm, and learning what to do with the "mad that you feel" by making art on Tuesday, May 23, and Tuesday, June 6. See the calendar for more details.

Make a Mother's or Father's Day Gift

Saturdays and Sundays Only

May 1 - June 11, 2:00 - 4:00 pm

Record and decorate an audio CD for Mom or Dad with staff in The Saturday Light Brigade broadcast studio in the Museum. Larry Berger will interview you and record it on an audio CD that you can decorate and affix to a special card, to give to Mom or Dad! Purchase of a CD Creation Card Kit from the Museum Gift Shop required.

Summer Camps

Camp Invention Summer Camp

July 10 - 14

Children rising to grades 1 -6 participate in five design-based themes each day, including "Problem Solving on Planet ZAK", where you rebuild a spacecraft, and "Spills and Chills", where you create prototypes of roller coasters and other exciting rides. To learn more and to register for Camp Invention, please visit www.campinvention.org or call (800) 968-4332.

Summer in the City

For children rising to grades 6-8, week-long camps are available in June and July in the Design It! Engineering program, math and woodworking, cartooning with Joe Wos of Once Upon a Toon, creative dramatics with actress and teacher Lani Cataldi or radio theater with "The Saturday Light Brigade" host Larry Berger. Camps are held at Point Park University, culminating in a camper demonstration, exhibition or performance at the Children's Museum.

Scholarships are available. For more information and to register, call 412-338-CITY (2489) or visit

<http://www.pointpark.edu/default.aspx?id+184>



Home Resources' AT HOME program

(Asthma Trigger HOME Evaluation) is seeking new participants!

Does your child have breathing problems?

Is your child 6-12 years old?

Do you live in the city of Pittsburgh?

Then you may qualify for our program!

Healthy Home Resources has created the AT HOME program in an effort to directly and positively influence the health of asthmatic children in our community.

In the AT HOME program, you will receive:

- An in-home assessment of environmental triggers in your home
- Education on how to maintain your home asthma trigger free
- Cleaning supplies, including a HEPA air purifier and HEPA vacuum, to help you keep your home free of asthma triggers

If you are interested in this program, call now, as spaces are filling up! Call Meredith Benedict, Education and Communications Coordinator, at 412.431.4449 extension 229, or email her at meredithb@healthyhomerresources.org. You can also find Healthy Home Resources on the web at www.healthyhomerresources.org

Get In Shape For Bathing Suit Season!

The Ladies Exercise Group at the Firehouse Gym meets Tuesdays and Thursdays from 9:00-10:00 and exercises to videotapes. It's **free** - it's **fun** - so why not come?

Call Lynn (412) 321-2817 for more information.



HOLY WISDOM FOODBANK

The foodbank at Holy Wisdom (St. Ambrose School) is held every third Tuesday of the month, from 10AM to 12Noon. This vital ministry serves many in our community who are having hard times. The foodbank is not government-funded and depends upon donations and volunteers within Holy Wisdom parish and our community, especially over the winter months.

To register for the foodbank or to volunteer, call 231-1116

JUST FOR LAUGHS!

A young Nun who worked for a local home health care agency was out making her rounds when she ran out of gas. As luck would have it, there was a gas station just one block away. She walked to the station to borrow a can with enough gas to start the car and drive to the station for a fill up.

The attendant regretfully told her that the only gas can he owned had just been loaned out, but if she would care to wait, he was sure it would be back shortly. Since the Nun was on the way to see a patient, she decided not to wait and walked back to her car.

After looking through her car for something to carry to the station to fill with gas, she spotted a bedpan she was taking to the patient. Always resourceful, she carried it to the station, filled it with gasoline, and carried it back to her car.

As she was pouring the gas into the tank of her car, two men watched her from across the street. One of them turned to the other and said, "I know that it is said that Jesus turned water into wine, but if that car starts, I'm going to church every Sunday for the rest of my life!"

Daycare for Infants and Pre-schoolers

Monday - Friday in my Spring Hill home, 6mo-4yrs welcome. Please call 412-606-6746 after 4:30pm



Prime Stage Hosts Author at Regional Premier of *The Giver*

Lois Lowry, Newbery Award winning author, will join Prime Stage Theatre for the regional premier of her young adult book, *The Giver*. Ms. Lowry, a favorite author among adolescent readers, will also be guest at an Author's Reception to be held prior to the May 6, 2006 performance. Artistic director, Wayne Brinda, Ed.D., is enjoying the experience of collaborating with the author to bring the literature to life on stage and at the same time, to be as true as possible to the book.

Brinda, who will direct the production, finds one of the most exciting aspects to be the blending of computer technology and traditional stage techniques to engage young and adult audiences in the world of the story. The Prime Stage set designer, Alfred Kirschman, is working with a videographer as well as a consultant who has expertise in combining digital images and stage design. The blending of these arts will be of paramount importance in creating the mood of the story. According to Ms. Lowry, "It's always fascinating for an author to see words translated into another, more visual medium. I'm pleased to have much of the spirit and language of the book retained, but with the added element of visual effects."

As the *Giver* (played by Jay Keenan) gives the memories to 12-year old Jonas, the memories begin to transform his world of "sameness" and his sense of security. He eventually sees colors. According to Ms. Lowry, the book which is a favorite among young readers, explores the questions of security versus freedom -- a most important and timely issue -- and the importance of diversity. The mood of the play is one of anticipation as well as trepidation as Jonas begins the compelling journey of a young boy who is given the awesome responsibility of securing the secrets of his community. "Young people are looking ahead to the time when they will be the ones making the choices that affect the world," said Ms. Lowry. "The *Giver* has made them aware of the power of those choices. It scares and intrigues them, that they will soon have that power."

Prime Stage follows the policy of age-appropriate casting, therefore, the role of Jonas will be played by 12-year old Alexander Zukoff. This will enable young people to identify with, share, and learn from Jonas's experiences as the story is brought to life. Language is very important to the meaning of the story and the understanding of the alternate world created by Ms. Lowry. The play does not stray from the author's original intent. *The Giver* is a contemporary book [1994], and, as such, the dialogue is modern and realistic.

Weekend performances will be held April 29 to May 7 at 937 Liberty Avenue in the Cultural District and May 12 and 13 at the Charity Randall Theatre in Oakland. Student matinees will be held at the Charity Randall Theatre. Weekend performances are Fridays and Saturdays at 8 p.m. and Sundays at 2:30 p.m. Tickets \$15/Adults; \$13/Seniors and \$8/Youth are available through ProArts at 412.394.3353 or at www.proartstickets.org or www.primestage.com. The *Giver* is funded in part by The Buhl Foundation, PA Humanities and the Small Arts Initiative of the Howard Heinz Endowment.

Ms. Lowry will be the guest of honor at an Author's Reception on May 6 from 5:30 to 7:30 p.m. at 937 Liberty Avenue, Second Floor Gallery. Ms. Lowry will greet guests and be available to sign books. A selection of her books will be available for purchase. Tickets for the Author's Reception (including appetizers, wine/punch) are \$15 and available through ProArts at 412.394.3353 or at www.proartstickets.org or www.primestage.com. Children are welcome at the reception but must be accompanied by an adult.

Prime Stage is committed to engaging and exposing adolescents and families in the discovery of live theatre We accomplish this by producing adaptations of literature, new plays and other works, which celebrate the achievements of young people and adults. Prime Stage teaches theatrical etiquette and encourages young people and families to become subscribers to the arts. Through affordable and accessible productions and Technical Theatre Mentor programs, Prime Stage entertains, enlightens and educates young people and families. A member of The American Alliance for Theatre and Education, Prime Stage is nationally recognized for its work with teens, teachers, and families. Visit the Prime Stage website at www.PrimeStage.com for details.



ALLEGHENY GENERAL HOSPITAL

SPRING JOB FAIR

When: Thursday, May 11th, 2006

Where: Simpson Hall
Allegheny Center Alliance Church
250 East Ohio Street
Pittsburgh, PA 15212
(At the corner of East Ohio Street and Union Place)

Times: 9:00 am - 4:30 pm

**Meet with AGH Recruiters...
Discuss employee benefits...
Learn how to apply...**

Bring resumes!

Parking available

Accessible on bus lines 11C, 11D, 11E, 16B, 16F and 500

Discuss all positions: Medical, Clerical, Support and more

Meet with one of the area's best hospitals... and discover your new career!!!!!!

An initiative of the Allegheny General Hospital Northside Partnership

MIND BENDER!

Can you read this? Only 54 people can.
I don't believe that I could accurately understand what I was reading.
The phenomenon of the human mind, according to research at
Cambridge University, it doesn't matter in what order the letters in a word are,
The only important thing is that the first and last letter be in the right
place. The rest can be a total mess and you can still read it without a problem. This
is because the human mind does not read every letter by itself, but the
word as a whole. Amazing huh? Yeah and I always thought spelling was important!

CHICKEN MARSALA

1 3/4 cups reduced-sodium chicken broth (14 fl oz)
 2 tablespoons finely chopped shallot
 5 tablespoons unsalted butter
 10 oz mushrooms, trimmed and thinly sliced
 1 1/2 teaspoons finely chopped fresh sage
 1/4 teaspoon salt
 1/8 teaspoon black pepper
 1 cup all-purpose flour
 4 skinless boneless chicken breast halves (2 lb total)
 2 tablespoons extra-virgin olive oil
 1/2 cup plus 2 tablespoons dry Marsala wine
 2/3 cup heavy cream
 1 teaspoon fresh lemon juice
 Put oven rack in middle position and preheat oven to 200°F.
 Bring broth to a boil in a 2-quart saucepan over high heat, then boil, uncovered, until reduced to about 3/4 cup, about 20 minutes.
 Cook shallot in 3 tablespoons butter in an 8- to 10-inch heavy skillet over moderate heat, stirring, until shallot begins to turn golden, about 1 minute. Add mushrooms, 1-teaspoon sage, salt, and pepper and cook, stirring occasionally, until liquid mushrooms give off is evaporated and mushrooms begin to brown, 6 to 8 minutes. Remove from heat.
 Put flour in a wide shallow bowl. Gently pound chicken to 1/4 inch thick between 2 sheets of plastic wrap using

the flat side of a meat pounder or a rolling pin.

Pat chicken dry and season with salt and pepper, then dredge in flour, 1 piece at a time, shaking off excess. Transfer to sheets of wax paper, arranging chicken in 1 layer.
 Heat 1 tablespoon each of oil and butter in a 10-inch heavy skillet over moderately high heat until foam subsides, then sauté half of chicken, turning over once, until golden and just cooked through, about 4 minutes total.
 Transfer cooked chicken to a large heatproof platter, arranging in 1 layer, then put platter in oven to keep warm. Wipe out skillet with paper towels and cook remaining chicken in same manner, then transfer to oven, arranging in 1 layer.
 Add 1/2 cup wine to skillet and boil over high heat, stirring and scraping up brown bits, about 30 seconds. Add reduced broth, cream, and mushrooms, then simmer, stirring occasionally, until sauce is slightly thickened, 6 to 8 minutes. Add lemon juice and remaining 2 tablespoons wine and 1/2 teaspoon sage.
 Serve chicken with sauce.
 Makes 4 servings

Submitted by Tina Prom

A Sunday school teacher asked her children as they were on the way to church service, "And why is it necessary to be quiet in church?" One bright little girl replied, "Because people are sleeping".

Did You Know That?
 Sore throat? Just mix 1/4 cup of vinegar with 1/4 cup of honey and take 1 tablespoon six times a day. The vinegar kills the bacteria.

Honey remedy for skin blemishes- Cover the blemish with a dab of honey and place Band-Aid over it. Honey kills the bacteria, keeps the skin sterile, and speeds healing. Works overnight.
 Easy eyeglass protection - To prevent the screws in eyeglasses from loosening, apply a small drop of clear nail polish to the threads of the screws before tightening them.
 Smart splinter remover- pour a drop of Elmer's Glue-All over the splinter, let dry, and peel the dried glue off the skin. The splinter sticks to the dried glue.

Songwriter's Night at the DownUnder

You are invited to attend the DownUnder Coffeehouse on Saturday, May 20 from 7:30-9:30 to hear three of Pittsburgh's newest and most intriguing singer-songwriters: Bill Eberle, Autumn Ayers, and Sue Gartland. Bill, Autumn and Sue have each crafted a unique style that is sure to please.
 The DownUnder Coffeehouse is the third Saturday each month in Allegheny Unitarian Universalist Church, 416 West North Ave, North Side.
 Suggested donation is \$5.00. Desserts and coffee will be available. Call 412-322-4261 or see www.allegenyuu.org for more details.



Report from Councilman Luke Ravenstahl

In the very near future, I will accompany Mayor Bob O'Connor on a tour of City Council District 1, which is comprised of neighborhoods on the North Side. The purpose of the tour will be to familiarize the Mayor with these neighborhoods and any problems or issues they face, as well as to highlight any new projects or developments. I look forward to touring the North Side, and I thank Mayor O'Connor for giving me the opportunity to alert him of any problems and concerns, as well as to showcase positive changes that have been occurring.

Recycling

Since Spring has arrived, I thought a review of the procedures for recycling in the City of Pittsburgh might be helpful.

Curbside recycling will occur every other week on your collection day. Recycling collection crews will collect co-mingled material and newspaper from your curb every other week. All other recycling materials must be taken to the recycling drop-off sites.

Co-mingles - The following materials must be placed together in a blue plastic bag (either blue plastic grocery packing bags or large plastic bags) and set at the curb for recycling collection (*rinse all items*):

- Clear and colored container glass (discard *all* lids)
- All metal cans (including empty aerosol and paint

cans) include metal lids

- Aluminum foil and formed aluminum containers, such as pie plates
- Plastic bottles, jugs and jars (1, 2, 3, 4 & 5)
Discard all caps and lids

Newspaper (including all inserts) - Newspapers must either be placed in a paper bag or tied with string.

Recycling Drop-Off

The following items may be taken to all drop-off locations

- **Corrugated cardboard**—must be dry and flat
- **Magazines/Catalogs**—loose or tied with string
- **White office paper**—loose
- **Junk mail**—loose in paper bags only

The following items may be taken to P.W. divisions ONLY:

- **Tires**—limit 2 (no rims)
- **Yard Debris**—must be loose or in paper bags
- **Scrap metal** (no Freon appliances)

Drop-Off Locations

- **3rd Division, P.W.** - Melancton Avenue, off the 5200 block of 2nd Avenue in Hazelwood (412) 422-6542
- **5th Division, P.W.** - Hassler Street, off Herschel Street next to Herschel Field in the West End off Steuben Street (412) 937-3054
- **Environmental Services Building** - 3001 Railroad Street off 30th Street in the Strip (No yard debris, scrap metal, or tires accepted at this location)

Public/Private Partnership Drop-off:

- **Construction Junction** - North Point Breeze at 214 North Lexington Avenue; (412) 243-5025 (**NO** yard debris, scrap metal, tires)

Note: *To recycle freon-containing appliances, please contact the Appliance Warehouse at 412-381-8800.*

If you have any questions, comments, or concerns regarding any city-related matter, please feel free to call my office at 412-255-2135.



HAPPENINGS AT ST. MICHAEL'S & ALL ANGELS LUTHERAN CHURCH

The Reverend Joshua Reinsburrow, Pastor

We invite you to join us in worshipping and hearing the words of Our Lord and receive the blessings of Our Father, the Lord God Almighty, sharing peace and joy with our neighbors!

CHANGE IN LITURGY SCHEDULE

Beginning Wednesday, April 19th our Liturgy Schedule will be:

Saturday 4:00 PM at Church, 1308 Spring Garden Ave.

Sunday 9:00 AM at Chapel, corner of Rhine & Waltz St.

11:00 AM at Church, 1308 Spring Garden Ave.

PLEASE CHECK FOR OUR SUMMER SCHEDULE IN YOUR NEXT NEWSLETTER

BIBLE STUDY

Beginning Wednesday, April 19 at 7 PM a Bible study will be held in the Community Room of St. Michael Village. Come and join us to discover what is so deadly about the seven deadly sins!! If you don't know what they are, it's a good reason to come and find out!!

RUMMAGE SALE

There will be a rummage sale on St. Michael's on Saturday May 20th from 9am - 2 pm & Sunday May 21st 1 pm to 4 pm. Please come and find some treasures!!

FAMILY NIGHT

Starting in June on Tuesday's at 7 PM, you are invited to come and share in fun and fellowship with the families of St. Michael's & All Angels at the Church on Spring Garden Ave. There will be something for all ages. Brought to you by the Christian Education and Youth Committee.

RACE FOR THE CURE

Each Mother's Day, the Susan G. Komen Breast Cancer Foundation holds the *Pittsburgh Race for the Cure*. Its purpose is to raise money and walk in support of all women and men who battle with breast cancer.

This year's Race for the Cure will take place on Sunday, May 14th in Schenley Park with registration beginning at 6:30 am. The award ceremonies conclude around 10:15 am. You can make a difference and still be home for lunch with your family. You have the choice to run the 5K, walk the 5K, or simply do a 1-mile fun walk. It's a great way to network with other caring people who have personally struggled with or have had a loved one struggle with breast cancer.

If you have questions about how to register for the Race, you can call 412-521-CURE (2873) or go to the web site located at www.pittsburghraceforthecure.org.

FLEA MARKET IN THE PARK

The East Allegheny Community Council will kick off its 9th season of **Flea Market in the Park** on Saturdays, May through October (weather permitting), from 9AM to 3PM. 15x15 spaces are only \$10.00! *Spread the news; come join us!* For more information, call 412-321-1204.

I'm looking for old snapshots of Spring Hill. What I'm looking for, is as follows:

1 A photo of the old double ended trolley at the end of the line taken from Buente street that shows the trolley in front of Suckitts Saloon.

2 a photo of the old (wooden) City Steps by the Fire house.

3 a photo of the Spring and the horse trough.

4 A photo of the firehouse.

I'm hoping to include them in a book, with appropriate credits, and I'll be happy to pay for any duplication costs, or, if they're sent to me, I will have the copies made and return the pictures. I can be reached at

norbnat@localnet.com or at 207 338 6481

Norbert Nathanson



SUPPORT OUR TROOPS!



ESB Bank and the Yellow Ribbon Girls are collecting the following items for our

troops serving in Iraq:

- Baby Wipes
- Q-Tips
- Deodorant
- Band-Aids- all sizes
- Soap
- Shampoo
- Travel Toilet Paper
- Toothbrushes
- Toothpaste
- Disposable Razors
- Dental Floss
- Mouthwash
- SPF-30 Sunscreen
- Chapstick
- Foot Powder
- Playing Cards
- Disposable Cameras
- Packs of Gum
- Batteries
- Instant Coffee
- Instant Oatmeal
- Granola Bars



Items can be delivered to any ESB Bank office.

Thank You for your support!!!

THANK YOU!

The Spring Hill Civic League has been a United Way Contributor's Choice for several years. **Your** generosity has helped to fund community activities & defrays routine overhead expenses. **A grateful Thank You** to all who support the community through the United Way. The Civic League Contributor's Choice code number is 207.

**State Representative Don Walko Reports from Harrisburg:
Walko Votes for Minimum Wage Increase**

After months of effort by other legislators and myself, the House leadership finally agreed to a vote on raising the minimum wage in Pennsylvania, and an increase passed the House.

I co-sponsored the bill that passed, House Bill 257, more than a year ago. This bill would raise the minimum wage in Pennsylvania for the first time in nine years. At the current rate of \$5.15 per hour, a person working full time at minimum wage falls \$2,000 below the poverty level for a family of two.

The version of H.B. 257 that we passed would raise the minimum wage to \$6.25 per hour on July 1 of this year and to \$7.15 on July 1, 2007. Raising the rate to \$7.15 would benefit 423,000 workers in Pennsylvania. More than two-thirds of the workers who would gain from this increase are 20 or older.

This increase in the minimum wage is long overdue. According to the state Department of Labor and Industry, Pennsylvanians have experienced the following average price increases over the past eight years:

- the price of food, up 21 percent;
- rent, up 28 percent;
- child care and nursery school fees, up 48 percent;
- gasoline, up 81 percent.
- natural gas, up more than 100 percent.

People who work should not live in poverty, but the nine-year delay in raising the minimum wage has eaten away much of its purchasing power.

I will keep fighting for automatic cost-of-living increases in the minimum wage. The original version of H.B. 257 included that protection, but it was removed to win agreement from some legislators.

Even with that compromise, this bill would provide a much-needed increase for some of Pennsylvania's hardest-working people. I hope that the Senate will act quickly on this bill and send it to the governor's office for approval.

Nineteen states, including four of Pennsylvania's six neighboring states, currently have minimum wages above the federal rate. It is time for Pennsylvania to join this list. I will continue to work hard for a minimum wage increase.

If you have any questions or problems with state government, please contact my office at 412-321-5523.

The Silent Epidemic

It has been called the silent epidemic, the silent killer, and the silent stalker. Others call it Hepatitis C. What is Hepatitis C, and why all the references to "silent?" Hepatitis C is a liver disease caused by the Hepatitis C Virus. It is called the silent epidemic because you can have the virus and not know it. It is unusual to have severe symptoms until the end stages of liver disease, and if that occurs, it may take decades. The U.S. Centers for Disease Control and Prevention (CDC) estimate that 4 million Americans have been infected with the virus. Could you be one of them?

Hepatitis C is a blood-borne infection and is spread by what is called a blood to blood transmission. To put it simply, you can get Hepatitis C if infected blood gains entry into your bloodstream. How could this occur? You may be at risk for the virus if you answer "yes" to any of the following questions:

- Have you received blood or blood products prior to 1992?
 - Have you ever injected street drugs, even once, many years ago?
 - Have you ever snorted street drugs?
 - Have you had an accidental needle stick injury?
- Have you been exposed to another person's blood through a splash to your eyes, mouth, or onto broken skin?
 - Have you had a tattoo or body piercing done with a contaminated needle?

The aforementioned are probably the most common methods of transmission. The risk of getting Hepatitis C through sexual contact is minimal, but not absent. Most sexual partners of persons infected with Hepatitis C test negative for the virus, provided that they did not have other risks. An infected pregnant mom can pass the virus on to her baby, but this occurs in less than 6% of cases. It is important to note that Hepatitis C is not spread through casual contact like hugging, kissing, sneezing, coughing, touching, or sharing food or drinks.

If you are at risk for having contracted Hepatitis C, you may wish to be tested. Initial testing is done through a simple blood screen called a Hepatitis C Antibody Test. This test can tell you if you have ever been infected with the virus. If the antibody test comes up positive, additional testing will follow. If the antibody test comes up negative, you have not been infected, unless the infection is recent. Testing is available through the Allegheny County Health Department or through your primary care physician.

More information about Hepatitis C will follow in future editions of this paper. In the meantime, please see the following list of local resources.

1. The Allegheny County Health Department
 Division of Infectious Diseases
 3441 Forbes Avenue
 412-578-8060
2. Your primary care physician (family doctor)
3. The American Liver Foundation- Western Pennsylvania Chapter
 412-434-7044
www.liverfoundation.org
4. Mercy Behavioral Health's Early Intervention Project
 Free "Liver Lunch and Learn" Sessions held at Northside Christian Health Center
 412-321-6442 ext. 110 or 412-320-2330



I Remember When...

Many new residents of Spring Hill are not familiar with the history of the spring that we had a one time. All that is left of it is some of the cement front on the hillside at the beginning of Damas St. I'm told that weeds thriving in that vicinity are water-loving plants, so I suppose there is still plenty of water flowing underground.

About 80 years ago, the horse trough was there for the horses that pulled the fire engines, ice peddlers, garbage wagons, and other vendors and services. The last horse-drawn wagon I saw stopping there was the "Waffle Man". He had an iron triangle, which he would hit back & forth as he approached the neighborhood. The waffles he sold were covered with powdered sugar, and if I recall correctly, they cost 2 for 5 cents, and oh, they were so good!

The cold, clear water coming from the spring was used by most of us on the hill. It was the chore of members of the family to fill jugs for our daily use. We used it for drinking, seldom drinking faucet water. There seemed to always be someone filling their containers anytime of the day, and it served as an informal community meeting place.

During the flood of 1936, the spring was very popular. We were without electric for over a week, and all faucet water had to be boiled before it could be used. Immediately our spring became a God-send for surrounding communities. People came for miles around to get this fresh water. Local hospitals came in trucks with huge containers. There was a steady line all day into the night. I recall some of my family going up at midnight to avoid the crowd.

I always referred to Spring Hill as Pittsburgh's best kept secret, but it certainly became a very popular place that March of 1936- all because of our wonderful spring!

Submitted by: Bea (Bergman) Fohl

Editor's Note: Bea now lives at Vincentian Home in the North hills. She loves to share her memories of years gone by in our community and especially loves to talk with old friends & neighbors. You can reach Bea at 412-635-0221.

FLOWER GARDEN PLANTING

Join us on Saturday, May 6th for the planting of the Walz & Homer community flower garden! We will meet at 9 AM that morning to transform that highly visible corner of our community into a well-tended, colorful array of floral beauty. The Western Pa Conservancy has told us that we have the most volunteers of all the areas that are planted in the Pittsburgh region. They are truly impressed!

Coffee & doughnuts, bottled water, and lunch will be provided for all that help with this effort. Helpers are asked to bring their gloves & trowels. E-mail Rhonda Wozniak at wozniakr3@hotmail.com to register or call 412-322-7021.

Summer Youth Program

Sign up your children to participate in Summer Safari and ensure that they will have a fun and educational summer vacation. Young people going into grades 1 thru 6 this fall will be eligible to enroll in this seven week, daily program. Summer Safari starts Monday, June 18th and goes through the start of August. It will be held at the "His Place" Youth Center at 1911 Rhine Street. The program will be held Mondays through Fridays 1:00 – 4:00 PM. It will combine a Bible Class as well as Summer Bridge - grade appropriate work in Reading, Math, and English. Studies have shown that students lose much of what they have learned over summer vacation so this summer bridge will keep them on task during these weeks off of school. Students will also get to chose between piano or guitar lessons, art class or join a mime-dance group. There will also be a field trip every week

The program is free, but will be limited to 30 students - based on a first come first served basis. If you are interested there will be an informational meeting at His Place (1911 Rhine Street) on Friday, May 26th at 7:00 PM.

Any questions, call Debe Weiss, Director at 412-716-1355